



FOR YOUTH DEVELOPMENT  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# THE Y IS COMMITTED TO PROVIDING A SAFE, FUN AQUATIC ENVIRONMENT TO OUR COMMUNITY

## Pool Safety Guidelines

All members and guests under the age of 18 must take a swim test.

- Swimmers ages 8 and under must have a parent or adult guardian in the pool at all times. One adult may supervise up to 3 children.
- Swimmers ages 9-11 must have a parent or adult guardian on the pool deck.
- Non-swimmers of all ages must have a parent or adult guardian in the pool, within arm's reach, at all times. One adult may supervise up to 3 non-swimmers.
- Always walk in the pool area.
- Food, gum and glass containers are prohibited.
- Swimsuits are required.
- Swim diapers must be worn for non-toilet-trained children.
- Horseplay, wrestling, roughhousing and foul language are not permitted.
- All flotation devices must be Coast Guard approved.
- Underwater distance swimming and breath-holding are not permitted.
- For patron safety, lifeguards have final discretion.