



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

Y-SWIM, SOCIAL-WATER-INTERACTIVE-MOVEMENT

WATER=FREEDOM OF MOVEMENT

WEDNESDAY'S September-June 12:45-1:45PM (Exercise provided by Certified Instructor) 2:00-3:00PM (social hour)

Swimmer Application-

Please Print

Name: _____ Phone(_____) _____ Date: _____

Address: _____ City _____ Zip _____

email _____ Mobile phone(_____) _____ Date of Birth _____

Mobility: Good _____ cane _____ walker _____ wheelchair _____ aide _____

Emergency Contact Information:

Name/Relationship: _____ Phone _____

The Ocean County Y is equipped with ADA accessible stairs and with an ADA Hydraulic Chair Lift. There is a 375lb limit for the Hydraulic Chair Lift.

MEDICAL AUTHORIZATION-

Please Print

Full name of diagnosis: _____

Does above have your permission to participate in the Aquatic Exercise portion of this program?

Yes _____ No _____

Any restrictions necessary? Yes (what) _____ No _____

Comments _____

Physician's Name (printed) _____

Physician's Signature: _____ Phone: () _____

Address: _____ Date: _____

Coordinator Signature _____ date _____

Volunteers of the program facilitate the Y-Swim Social and Volunteers are always needed. For more information, please contact Volunteer Coordinator Pat Urso phone# (732) 793-0246

Transportation info: Ocean Ride-732-736-8989, Access Link-1(800)955-2321, Ocean County Parks-732-581-7326

Any questions please call OCEAN COUNTY Y Aquatics office 732-341-9622 ext. 2279